

# Explant Shopping List

Prescriptions ordered by your doctor

Compression Socks

Arnica, Colace, XS Tylenol

Button-up Tops or PJs

Breast Pillow (Car)

Plastic Tablecloth

Lozenges

Wedge & Body Pillow

X  
X  
X  
X  
X  
X

X  
X  
X  
X  
X  
X

X X X X X X



Soft Ice



Recliner



Long Straws



Heating Pad



Muscle Salve



Applesauce & Crackers



Biocorneum Scar Treatment



Female Urinal



Compression Garments



Maxi Pads & Paper Tape



Ice Packs

